



Class Schedule 2023-2024

MONDAY	MONDAY	TUESDAY	TUESDAY	WEDNESDAY	WEDNESDAY	THURSDAY	THURSDAY	FRIDAY	FRIDAY	SATURDAY	SATURDAY
STUDIO 1	STUDIO 2	STUDIO 1	STUDIO 2	STUDIO 1	STUDIO 2	STUDIO 1	STUDIO 2	STUDIO 1	STUDIO 2	STUDIO 1	STUDIO 2
		10:00-10:30am Mommy & Me (18-24 months)		10:00-10:30am Twinkle Babies (Ages 2-3) FULL <i>9:00am Spring recital</i>		10:00-10:45am Twinkle Stars 1 Ballet/Tap (Ages 3-4) <i>1pm Spring recital</i>				9:30-10:00am Twinkle Babies (Ages 2-3) <i>9:00am Spring recital</i>	
		10:30-11:00am Twinkle Babies (Ages 2-3) <i>9:00am Spring recital</i> FULL		10:30-11:30pm Twinkle Stars 1 Ballet/Tap/ Gymnastics (Ages 3-4) FULL <i>10:30am Spring recital</i>						10:00-11:00am Twinkle Star 1 Ballet/Tap/ Gymnastics (Ages 3-4) FULL <i>1pm Spring recital</i>	
		11:00-12:00pm Twinkle Star 1 Ballet/Tap/ Gymnastics (Ages 3-4) FULL <i>10:30am Spring recital</i>					1:00-2:00pm Twinkle Stars 2 Ballet/Tap/ Gymnastics (Ages 4-5) <i>1pm Spring recital</i>				11:00-12:00pm Ballet/Tap/Jazz (Ages 5-6) <i>1pm Spring recital</i>
4:00-5:00pm Show Star 1 Ballet/Tap/Jazz (Ages 5-6) <i>10:30am Spring recital</i>	4:15-5:00pm Boys Hip Hop (Ages 5-8) <i>10:30am Spring recital</i>			4:00-4:45pm Ballet/Lyrical (Ages 6-8) <i>10:30am Spring recital</i> FULL	4:00-4:45pm Ballet/Tap (Ages 5-6) <i>10:30am Spring recital</i>	4:00-5:00pm Twinkle Stars 2 Ballet/Tap/ Gymnastics (Ages 4-5) <i>1pm Spring recital</i>	4:00-5:00pm Twinkle Star 1 Ballet/Tap/ Gymnastics (Ages 3-4) <i>1pm Spring recital</i>			12:00-2:00pm Shore Feet Dance Company Every other week (Ages 7-up)	12:00-12:30pm Acro/Gymnastics (Ages 5-6) <i>1pm Spring recital</i>
5:00-6:00pm Twinkle Stars 2 Ballet/Tap/ Gymnastics (Ages 4-5) FULL <i>10:30am Spring recital</i>	5:00-5:45pm Hip Hop (Ages 6-8) <i>10:30am Spring recital</i>	5:00-5:30pm Beginner Pre-Pointe/Pointe (Ages 10-13) (Invitation Only) <i>Both recitals</i>	4:15-5:00pm Hip Hop (Ages 5-6) <i>10:30am Spring recital</i>	4:45-5:30pm Jazz/Tap (Ages 6-8) <i>10:30am Spring recital</i> FULL	4:45-5:45pm Ballet/Lyrical (Ages 8-10) <i>Both recitals</i> FULL	5:00-6:00pm Ballet 4 (Ages 10-13) <i>Both recitals</i>	5:00-6:00pm Jazz/Tap (Ages 7-9) <i>1pm Spring recital</i>	4:45-5:45pm Lyrical 4 (Ages 10-12) <i>1pm Spring recital</i>		2:00-2:30pm SFDC Private Solo Rehearsals	
6:00-6:45pm Musical Theatre Jazz/Acting (Ages 6-8) <i>10:30am Spring recital</i>	5:45-6:30pm Acro/ Gymnastics (Ages 7-9) <i>10:30am Spring recital</i>	5:30-6:30pm Ballet 4 (Ages 10-13) <i>Both recitals</i>	5:15-6:00pm Hip Hop (Ages 8-10) FULL <i>10:30am Spring recital</i>	5:30-6:15pm Acro/Gymnastics (Ages 6-8) <i>10:30am Spring recital</i>	5:45-6:45pm Jazz/Tap/Theatre (Ages 8-10) <i>1pm Spring recital</i>	6:00-6:45pm Musical Theatre Tap/Acting (Ages 10-13) <i>1pm Spring recital</i>	6:00-7:00pm Ballet/Lyrical (Ages 7-9) <i>1pm Spring recital</i>	5:45-6:30pm Hip Hop (Ages 10-13) <i>1pm Spring recital</i>			
6:45-8:15pm Int./Adv. Ballet & Pointe (Ages 15-up) <i>Both recitals</i>	6:30-7:15pm Hip Hop (Ages 7-9) <i>10:30am Spring recital</i>	6:30-7:30pm Modern 4 (Ages 10-13) <i>10:30am Spring recital</i>	6:00-6:30pm Acro/Gymnastics (Ages 8-10) <i>10:30am Spring recital</i>	6:15-7:45pm Int./Adv. Ballet & Pointe (Ages 15-up) <i>Both recitals</i>	6:45-7:45pm Jazz 4 (Ages 10-13) <i>1pm Spring recital</i>	6:45-7:45pm Int./Adv. Lyrical (Ages 14-up) <i>1pm Spring recital</i>					
		7:30-8:30pm Adv. Modern /Contemporary <i>10:30am Spring recital</i>		7:45-8:45pm Int./Advanced Jazz (Ages 13-up) <i>Both recitals</i>	7:45-8:15pm Tumbling/Tricks (Ages 10-13) <i>1pm recital</i>	7:45-8:15pm Leaps & Turns (Ages 14-up) <i>No Recital</i>					

SUNDAY	STUDIO 1	10:00-10:30am Twinkle Babies - Ballet/Tap (Ages 2-3) <i>9:00am Spring recital</i>	10:30-11:15am Twinkle Stars 1 - Ballet/Jazz (Ages 3-4) <i>1pm Spring recital</i>	11:15-11:45am Acro/Gymnastics (Ages 3-5) <i>1pm Spring recital</i>
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*2023-2024 Schedule is subject to change

*ALL Recital Times are reference to our Spring Recital NOT holiday show. Our Holiday show times will be announced November 1st

2023-2024 Breaks & Important Dates

September 9: Classes Begin!

October 31: Closed for Halloween

November 22-25: Thanksgiving Break

December TBA: The Magical Ornaments Show

June TBA : Spring Recital

December 18-January 1: Holiday Break

February 12-18: Winter Break

March 28-April 7: Spring Break

May 24-27: Memorial Day

Class Descriptions

Preschool Programs

Preschool programs at GKS combine music, tumbling and dance.

Along with the brain and muscular benefits of dance and gymnastics, our programs inspire social development. Children learn to work together, share, take turns, and make new friends that last a lifetime! Dance improves muscle strength, coordination, and flexibility. Dance teaches rhythm, timing, and builds memory skills. Body and spatial awareness, creativity and self-expression are among all of the wonderful benefits of dance.

Mommy and Me (18-24 months)

Our Petite Feet curriculum encourages independent movement. It combines ballet, creative movement, gymnastics, song and dance. This class is a great way for the little ones to explore movement capabilities on their own. Parents and dancers dance in the room together with the instructor.

Twinkle Babies (24-36 months)

Our Petite Feet curriculum encourages independent movement. It combines ballet, creative movement, gymnastics, song and dance. This class is a great way for the little ones to explore movement capabilities on their own. Dancers are encouraged to dance independently from parents.

Twinkle Stars 1 & 2 (ages 3-5)

Show Stars 1 & 2 (ages 5-8)

This is a perfect class for the beginning dancer as well as the continuing student. Both levels of dance build a solid foundation of ballet, tap technique and terminology for higher-level classes in the future. Dancers develop strength, flexibility and rhythm. The use of props and stories give students the opportunity to enhance their creativity, musicality and movement memory.

Ballet

“The basis of dance technique”

Our ballet training is based on the Royal Academy of Dance syllabus and Cecchetti Method. Ballet levels are divided from 1 for beginner through 5 for advanced. Coursework is progressive and levels are followed in sequential order. Classes are 1 to 1.5 hours in length determined by the level of class.

PrePointe/Pointe

By invitation or audition only

Pre/Pointe & Pointe classes begin immediately before ballet classes. Students must be enrolled in a minimum of two ballet classes a week. This class is for the intermediate/advanced ballerina, ready to advance their ballet technique to the next level.

Acro/Gymnastics

This class incorporates flexibility, strength, balancing, limbering and tumbling. Acro/gymnastics will improve strength and overall body conditioning. For the beginner, intermediate, and advanced dancer!

Modern

This contemporary dance style incorporates the use of abstract body shapes and movements. Students are challenged to push themselves beyond their comfort zone and in order to recognize their own creative inspirations.

Jazz

Students learn technical skills of classical jazz first; then we combine movements of today’s high energy dance styles. Coursework is progressive and levels are followed in sequential order.

Lyrical

Lyrical is a dance style that embodies various aspects of ballet, jazz, acrobatics, and modern dance. The style combines ballet technique with the freedom and musicality of jazz. Dancers learn how to tell a story through lyrical dancing.

Musical Theatre/Acting

Dancers in this class will learn Jazz and Tap technique while exploring the various dance styles used in Broadway shows. Dancers will also learn acting performance skills such as connecting with the audience and telling a story through dance and facial expressions.

Tap

Students focus on the art of creating rhythm and music with their feet

While commanding control of their upper body and core. Styles of coursework range from modern rhythmic tap.

Hippity Hop/Hip Hop

Hip-hop is a vibrant form of dance that combines a variety of freestyle movements to create a cultural piece of art. Through its three main styles of popping, locking, and breaking, hip-hop dance has evolved into a fun, popular style of dance.

Shore Feet Dance Company *By audition only (ages 7-up)*

Geared for the more serious dancer looking to be a part of a team! Our performance company offers members the opportunity to dance outside of the school several times throughout the year. In addition to advancing their skills as a dancer, they will learn life skills such as understanding obligation, assuming responsibility, and valuing the rewards of hard work with a team. These dancers build self-confidence that transfers to each dancers’ lives inside and outside of the studio.