



Class Schedule 2024-2025

MONDAY	MONDAY	TUESDAY	TUESDAY	WEDNESDAY	WEDNESDAY	THURSDAY	THURSDAY	SATURDAY	SATURDAY
STUDIO 1	STUDIO 2	STUDIO 1	STUDIO 2	STUDIO 1	STUDIO 2	STUDIO 1	STUDIO 2	STUDIO 1	STUDIO 2
				10:00-10:30am Baby & Me (18-24 months)		10:00-10:30am Twinkle Babies (Ages 2-3) <i>9:00am Spring recital</i>		9:30-10:15am Twinkle Stars 1 Ballet/Tap (Ages 3-4) <i>9:00am Spring recital</i>	9:30-10:00am Twinkle Babies (Ages 2-3) <i>9:00am Spring recital</i>
				10:30-11:00am Twinkle Babies (Ages 2-3) <i>9:00am Spring recital</i>		10:30-11:30am Twinkle Stars 1 Ballet/Tap/ Gymnastics (Ages 3-4) <i>9:00am Spring recital</i>			10:15-10:45am Twinkle Stars 1 & 2 Acro/Gymnastics ADD-ON (Ages 3-5) <i>9:00am Spring recital</i>
				11:00-12:00pm Twinkle Stars 1 Ballet/Tap/ Gymnastics (Ages 3-4) <i>9:00am Spring recital</i>					10:45-11:45am Twinkle Stars 2 Ballet/Tap/ Gymnastics (Ages 4-5) <i>1:30pm Spring recital</i>
4:15-5:00pm Hip Hop Boys+Girls (Ages 5-7) <i>11:00am Spring recital</i>	4:00-5:00pm Twinkle Stars 2 Ballet/Tap/ Gymnastics (Ages 4-5) <i>11:00am Spring recital</i>	4:30-5:15pm Hip Hop (Ages 7-9) <i>11:00am Spring recital</i>		4:00-5:00pm Show Stars 1 Ballet/Tap/Jazz (Ages 5-6) <i>11:00am Spring recital</i>	4:15-5:00pm Jazz/Tap (Ages 7-9) <i>11:00am Spring recital</i>	4:00-5:00pm Twinkle Stars 2 Ballet/Tap/ Gymnastics (Ages 4-5) <i>1:30pm Spring recital</i>	4:00-5:00pm Twinkle Stars 1 Ballet/Tap/ Gymnastics (Ages 3-4) <i>1:30pm Spring recital</i>	12:00-2:00pm Shore Feet Dance Company Every other week (Ages 6-up)	12:00-2:00pm Shore Feet Dance Company Every other week (Ages 6-up)
5:00-6:00pm Ballet/Lyrical (Ages 6-9) <i>11:00am Spring recital</i>	5:00-6:00pm Show Stars 1 Ballet/Tap/Jazz (Ages 5-6) <i>11:00am Spring recital</i>	5:15-6:00pm Acro/Gymnastics (Ages 7-9) <i>11:00am Spring recital</i>	5:15-6:00pm Hip Hop 3 (Ages 9-11) <i>11:00am Spring recital</i>	5:00-5:45pm Ballet/Lyrical (Ages 7-9) <i>11:00am Spring recital</i>	5:00-5:30pm Show Stars 1 (Ages 5-6) Acro/Gymnastics <i>11:00am Spring recital</i>	5:00-6:00pm Ballet 3 (Ages 9-11) <i>1:30pm Spring recital</i>	5:00-5:45pm Jazz/Tap (Ages 6-8) <i>1:30pm Spring recital</i>	2:00-3:00pm SFDC Private Solo Rehearsals	2:00-3:00pm SFDC Private Solo Rehearsals
6:00-7:00pm Int. Ballet 4 (Ages 11-14) <i>No recital</i>	6:00-6:30pm Show Stars 1 (Ages 5-6) Acro/Gymnastics <i>11:00am Spring recital</i>	6:30-7:30pm Adv. Modern /Contemporary (Ages 16-up) <i>11:00am Spring recital</i>	6:00-6:30pm Acro/Gymnastics 3 (Ages 9-11) <i>11:00am Spring recital</i>	5:45-7:15pm Adv. Ballet & Pointe (Ages 16-up) <i>No recital</i>	5:30-6:15pm Tap 3 (Ages 9-11) <i>11:00am Spring recital</i>	6:00-6:45pm Lyrical 3 (Ages 9-11) <i>1:30pm Spring recital</i>	5:45-6:30pm Acro/gymnastics (Ages 6-8) <i>1:30pm Spring recital</i>		
7:00-8:30pm Adv. Ballet & Pointe (Ages 16-up) <i>11:00am + 1:30pm Spring recital</i>		7:30-8:30pm Advanced Jazz (Ages 16-up) <i>11:00am Spring recital</i>	6:30-7:15pm Int. Hip Hop 4 (Ages 11-14) <i>11:00am Spring recital</i>		6:15-7:15pm Jazz 3 (Ages 9-11) <i>1:30pm Spring recital</i>	6:45-7:45pm Int. Modern (Ages 11-14) <i>1:30pm Spring recital</i>	6:45-7:30pm Musical Theatre jazz/tap/acting (Ages 9-11) <i>1:30pm Spring recital</i>		
			7:15-8:15pm Int. Lyrical 4 (Ages 11-14) <i>11:00am Spring recital</i>	8:15-9:15pm Adv. Lyrical (Ages 16-up) <i>1:30pm Spring recital</i>	7:15-8:15pm Int. Jazz 4 (Ages 11-14) <i>11:00am Spring recital</i>	7:45-8:30pm Int. Tap 4 (Ages 11-14) <i>1:30pm Spring recital</i>	8:30-9:00pm Tumbling/Tricks (Ages 11-14) <i>1:30pm Spring recital</i>		

**2024-2025 Schedule is subject to change *ALL Recital Times are in reference to our Spring Recital NOT holiday show. Our Holiday show times will be announced November 1st*

SUNDAY	STUDIO 1	10:00-10:30am Baby & Me (18-24 months)	10:30-11am Twinkle Babies - Ballet/Tap (Ages 2-3) <i>9:00am Spring recital</i>	11:00-11:45am Twinkle Stars 1 - Ballet/Jazz (Ages 3-4) <i>9am Spring recital</i>
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2024-2025 Breaks & Important Dates

September 7: Classes Begin!

October 31: Closed for Halloween

November 27-29: Thanksgiving Break

December TBA: The Magical Ornaments S

December 22-January 3: Holiday Break

February 10-14: Winter Break

April 18-25: Spring Break

May 23-26: Memorial Day

June TBA : Spring Recital

Class Descriptions

Preschool Programs

Preschool programs at GKS combine music, tumbling and dance.

Along with the brain and muscular benefits of dance and gymnastics, our programs inspire social development. Children learn to work together, share, take turns, and make new friends that last a lifetime! Dance improves muscle strength, coordination, and flexibility. Dance teaches rhythm, timing, and builds memory skills. Body and spatial awareness, creativity and self-expression are among all of the wonderful benefits of dance.

Mommy and Me (18-24 months)

Our Petite Feet curriculum encourages independent movement. It combines ballet, creative movement, gymnastics, song and dance. This class is a great way for the little ones to explore movement capabilities on their own. Parents and dancers dance in the room together with the instructor.

Twinkle Babies (24-36 months)

Our Petite Feet curriculum encourages independent movement. It combines ballet, creative movement, gymnastics, song and dance. This class is a great way for the little ones to explore movement capabilities on their own. Dancers are encouraged to dance independently from parents.

Twinkle Stars 1 & 2 (ages 3-5)

Show Stars 1 & 2 (ages 5-8)

This is a perfect class for the beginning dancer as well as the continuing student. Both levels of dance build a solid foundation of ballet, tap technique and terminology for higher-level classes in the future. Dancers develop strength, flexibility and rhythm. The use of props and stories give students the opportunity to enhance their creativity, musicality and movement memory.

Ballet

“The basis of dance technique”

Our ballet training is based on the Royal Academy of Dance syllabus and Cecchetti Method. Ballet levels are divided from 1 for beginner through 5 for advanced. Coursework is progressive and levels are followed in sequential order. Classes are 1 to 1.5 hours in length determined by the level of class.

PrePointe/Pointe

By invitation or audition only

Pre/Pointe & Pointe classes begin immediately before ballet classes. Students must be enrolled in a minimum of two ballet classes a week. This class is for the intermediate/advanced ballerina, ready to advance their ballet technique to the next level.

Acro/Gymnastics

This class incorporates flexibility, strength, balancing, limbering and tumbling. Acro/gymnastics will improve strength and overall body conditioning. For the beginner, intermediate, and advanced dancer!

Modern

This contemporary dance style incorporates the use of abstract body shapes and movements. Students are challenged to push themselves beyond their comfort zone and in order to recognize their own creative inspirations.

Jazz

Students learn technical skills of classical jazz first; then we combine movements of today’s high energy dance styles. Coursework is progressive and levels are followed in sequential order.

Lyrical

Lyrical is a dance style that embodies various aspects of ballet, jazz, acrobatics, and modern dance. The style combines ballet technique with the freedom and musicality of jazz. Dancers learn how to tell a story through lyrical dancing.

Musical Theatre/Acting

Dancers in this class will learn Jazz and Tap technique while exploring the various dance styles used in Broadway shows. Dancers will also learn acting performance skills such as connecting with the audience and telling a story through dance and facial expressions.

Tap

Students focus on the art of creating rhythm and music with their feet

While commanding control of their upper body and core. Styles of coursework range from modern rhythmic tap.

Hippity Hop/Hip Hop

Hip-hop is a vibrant form of dance that combines a variety of freestyle movements to create a cultural piece of art. Through its three main styles of popping, locking, and breaking, hip-hop dance has evolved into a fun, popular style of dance.

Shore Feet Dance Company *By audition only (ages 7-up)*

Geared for the more serious dancer looking to be a part of a team! Our performance company offers members the opportunity to dance outside of the school several times throughout the year. In addition to advancing their skills as a dancer, they will learn life skills such as understanding obligation, assuming responsibility, and valuing the rewards of hard work with a team. These dancers build self-confidence that transfers to each dancers’ lives inside and outside of the studio.